

Information for Families

Protective Behaviours Education

The protective behaviours program is a series of interactive workshops that teach children essential body safety education.

KEY MESSAGES

I'm learning I have lots of **FEELINGS**, and I notice the feelings of others on their face and in their body.

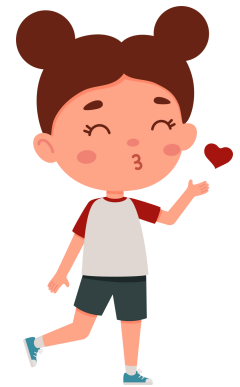


My body tells me when I'm feeling scared, worried or sad. These are my **EARLY WARNING SIGNS**, and I can talk to a safe adult.

My **PRIVATE PARTS** are just for me, they have other funny names, but I know the correct words. We never touch or play games with each other's private parts.



I am the **BOSS OF MY BODY**. I can say no if I don't want a hug or a kiss. You can ask me for a high five, or I will blow you a kiss.



If someone breaks the rules, I know **FIVE TRUSTED ADULTS** I can talk to when I feel scared, sad or worried. These people are available, I love them and they will listen to me.



There are **SURPRISES AND SECRETS**, if someone asks me to keep a secret that makes me feel yucky, I will tell someone.

Aligned with the Early Years Learning Framework and SCSA curriculum

Children develop a sense of belonging and identity, positive interactions with others, build relationships and friendships, recognition of emotions and self-regulation and empowered to keep themselves and others safe.



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